

THE SEAVINGTONS' NEWS

May 2022



Parish Council - Editorial Page 1
Spring at Manor Farm Page 21

Large Garden

Hopefully sunny but feel free to bring cushions and blankets just in case!

Takeaways

Sunday Roasts

Daily Menu

Snacks

Please call us to hear our current opening times or book your takeaway or garden table

See our current Menu

On our website
www.newinn-ilmminster.co.uk

Or our Facebook page
@newinnilmminster

Call us on

01460 52413

Booking advisable

We would love to see you soon

Thank you and stay safe!

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The Seavingtons' News

It is disappointing to note that there have been no nominations for the vacancies on the Parish Council and, as a result, there is no need to hold an election.

Maybe one of the reasons is the misconception that to stand for the Parish Council you need to be aligned to a political party. This is not so; the Parish Council is not run on a Party political basis. Maybe some people have been deterred by the possibility of having to campaign in advance of an election. Any fears of that nature can now be laid to rest. Is it that people are too busy? Being a Parish Councillor does involve a level of commitment but this is not onerous and Councillors, past and present, manage to fit in their involvement around normal working lives. Involvement is not restricted to the retired members of the community.

The role of the Parish Council is to represent the interests of the whole community. It is a part of local government supporting the democratic process. Parish Councils provide a focus for the community to identify concerns and projects, and endeavour to solve them locally themselves. The Parish Council will also act as a focus for representations to the new unitary Somerset Council. It is a statutory consultee on planning applications. As corporate trustee for the SPFA it manages the playing field, children's playground and Millennium Hall. It also manages the maintenance of local footpaths, verges and common spaces. One current issue is the danger of speeding traffic both on New Road and in Water Street. Without an active Parish Council many of the aspects which make The Seavingtons attractive places to live would deteriorate and fall into disrepair.

The Parish Council has three vacant seats and wishes to co-opt new members. If you are minded to make a contribution to village life and have a little spare time please make your interest known to Karen Buckley, (clerk@seavingtonparishcouncil.org.uk) or any of the current Councillors.

It would be remiss of me not to recognise the work done by the Councillors who are standing down. Janice Ash was co-opted in 2017, Nick Loxton co-opted in August 2014 and has been Chair since May 2015. During his time of more than 35 years on the PCC Nigel England has served as Chairman, Vice Chairman and unpaid Clerk.

Pauline Parsons, although remaining as a Councillor, stood down as unpaid Clerk last month after nearly 22 years. We owe her and the other Councillors a huge debt of gratitude.

DON'T FORGET

The Latest Copy Date: 20th May for the next issue

Editorial content and diary entries to:

Stephen Morris, Chapel Court House, Seavington St Mary, Ilminster, TA19 0QN
Tel: 01460 242058 E-mail: news@theseavingtons.org

St Michael's Church Seavington

Sun 1 May 11.15 am Café Church - Seavington Community Café

Sun 8 May 11.00 am Rogation Service, Manor Farm, Seavington

Sun 15 May 10.30 am Family Communion (CW)

Sun 22 May 10.30 am Holy Communion (BCP)

5.00 pm Service of Reflection

Thu 26 May 7.00 pm Ascension Day - Holy Communion (CW)

Sun 29 May 10.30 am Benefice Cafe Church. St Peter and St Paul, South Petherton

First Sunday each month - Café Church. Please join us for an informal service preceded by coffee and croissants. **Everyone is very welcome.**

Rector for Seavington: Rev Tracey Hallett

M: 07854 489753 E: Tracey.hallett@icloud.com

Church Office: 07831 982470; office@southpethertonchurch.org.uk

The Seavingtons' Weather in March

This Year - 2022

Last Year - 2021

Temperature

Average Minimum 3.78°C 3.16°C

Average Maximum 13.12°C 11.45°C

Mean 8.45°C 7.31°C

Rainfall

Monthly Total 66.1 mm (2.64") 33.4 mm (1.34")

Total for Year 139.6 mm (5.58") 219.9 mm (8.66")

So far so good, warmer and drier than last year.

Advertising Rates

	Annual	Monthly
Full Page	£100	£12
Half Page	£ 50	£ 6
Quarter Page	£ 28	£ 4

Village Diary - Forthcoming Events

*All events, unless otherwise shown, are held in the Millennium Hall
For bookings call 07905 215993 or hallbookings@theseavingtons.org*

Mon 9 May	6.30 pm	SPFA AGM - Café
Thurs 12 May	6.00pm	Gardening Club visit to Batcombe House, Nr Shepton Mallet. Members only but not too late to join. Contact Jo Culham 01460 241555
Sat 14 May	10.00 am - 12.00	Gardening Club Plant Sale. All welcome. (see page 12)
Tues 17 May	6.30 pm	Parish Council Meeting - Café
Wed 18 May	10.30 am	Village Get2gether - all welcome. Café Contact Gill Beveridge 01460 242828
Wed 18 May	8.00 pm	Monthly Quiz - The Volunteer. Contact Ruth: 01460 240126
Fri 20 May	7.30pm	RSPB Talk. An illustrated presentation by award-winning wildlife photographer Robin Morrison. Non-members very welcome. (see page 11) Contact Denise Chanings 01460 240740
Sat 21 May	3.00 pm	Concert at St Mary's. Tickets £10.00 are obtainable from Seavington Community Shop. Also from Helen Beaufoy. E: helenbeaufoy@outlook.com

To keep up to date, check out the village web site (www.theseavingtons.org) which is updated regularly with information on events and other village matters. Pass the address on to your friends so that they can keep in touch as well.

Clive Reeves 5.1.33 - 15.4.22

We are sad to announce that during a brief stay at Yeovil Hospital, Clive (Dad) passed away peacefully as the sun was rising on the morning of Friday April 15th. We would like to thank all of the well-wishers from the village along with the many people at Yeovil Hospital who were involved in caring for Dad during the short time he was with them.

Nick and Pip Reeves

Village Diary - Regular Events

Evolve Fitness

One hour sessions daily, except Tuesdays
All sessions to be pre-booked with Kierhan Ellis
Contact E: kierhan@evofitnesstraining.com

Balance Pilates and Wellbeing

Mondays.
Pilates Intermediate Mondays at 9.15am - 10am
Pilates Matwork one All levels Monday 10.10am - 10.55am
Contact E: lisarock70@gmail.com for booking form

DMV Sequence Dance Club

Every Wednesday at 7.15pm
Contact Marj Vincent E: m9dmv@hotmail.com

Wessex Women's Choir

Every second Saturday 10.30 - 12.30am
Contact Gail Clarke E: 2gailbclarke@gmail.com

Yoga and Mindfulness Classes

Every Tuesday
9.30am Energising Morning Flow 6.30pm Strong Body and Mind
Contact Lissa Milton E: hello@lissamiltonyoga.co.uk (see page 25)

RAMA Life

Wednesdays 11.00-16.00 (see page 26)

HEC (Home Education)

Fridays 11.00-16.00

For both RAMA and HEC Contact: Jenn Hodge 01460 510042

Pub Quiz

The Editor

23rd March seems a long time ago! Three loyal teams gathered in The Volunteer to grapple with questions set by John Mounce. For the first three rounds things seemed to be going well with themes such as "origins", "travel" and an "adverts" picture round. What is a "Trunki"? We all remember the essential children's wheeled suitcase voted out of the door on Dragons Den some years ago. Remembering that Titanic sailed on its maiden voyage from Southampton proved more tricky.

After the break, a "pointless" Round 4 really sorted out the teams. Fortunes improved with the "fads and crazes" round but the final "general knowledge" round proved difficult.

Despite low scores for Round 4 everyone enjoyed the evening with the final scores: We're Struggling 54, In The Absence of 47, Last Time's Winners 42.

Come and join us for future quizzes. It's all a bit of fun.

Village Voice - letters to the Editor

EASTER EGG HUNT.

First, I would like to thank everyone that came to help with the egg hunt on Easter Saturday. You were all brilliant. You know who you are so I won't name you individually.

The afternoon was a great success & we raised over £100 from donations for the teas & cakes. I would like to thank everyone who made & supplied cakes for the afternoon teas.

I believe the children all enjoyed the egg hunt.

Sadly, I was unable to attend the event as I tested positive for covid on the morning. Once again thank you.

Sheila Reyland & the Church Flower Ladies.

The Seavingtons' News wants to hear and publish your views on both the "News" itself and topics of importance or interest to our community. Please send your letters to the address on page 1. All opinions and views expressed are the sole responsibility of the writer and do not reflect the views of The Seavingtons' News. For legal reasons we must have the name and address of the writer but can normally publish over a pseudonym on request.

Concert at St Mary's Church

Last year we set up a group called "The Friends of St Mary's", and we are planning a very special concert in the church, by Jonathan Delbridge. He is a very well known pianist and organist, who lives locally. It will be in aid of The Churches Conservation Trust, who look after the church.

The concert is on Saturday, May 21st, at 3pm. Tickets will be £10, and you will be offered a free cup or tea or coffee and a piece of cake at the end of the concert. We have arranged to hire a grand piano, and Petherton Scouts will be providing a toilet.

We plan to have a raffle with just a few really nice prizes. One will be a short break at a holiday cottage in Devon. If you have anything you could offer as a prize, please let us know. **If you are able to help with cleaning the church, refreshments etc, please contact Manda Jagers 01460 240554**

The programme will include Wedding Day at Troidhaugen by Grieg, Clair de lune by Debussy, Fantaisie-Impromptu by Chopin and Jonathan's own Tango in A minor.

Tickets will be obtainable from: N and D News in South Petherton and Seavington Community Shop, from mid April. Also from Helen Beaufoy, E: helenbeaufoy@outlook.com



Seavington Gardening Club

Kate Mulligan (01460 242023)



Thursday 14th April 2022

"Spring Flowering Perennials"

A talk by Rosy Hardy from Hardy's Cottage Plants

A long standing favourite speaker at the Gardening Club, Rosy did not disappoint with her knowledgeable talk on this group of plants.

She divided them into two sections - ones that grow in shade and ones that prefer full sun. The plants she brought with her to sell were used to demonstrate the range and versatility of what is on offer at this time of year lasting right through until summer and often beyond. Not only that but she included very useful tips for planting, growing and propagating them.

Many thanks to Rosy for such an entertaining and informative talk.

Flower of the Month Competition

- 1st Jenny Deubert - Geranium Multiflorum
- 2nd Lis Tope - Exichorda The Bride
- 3rd Ann Clifford - Anemone Robinsoniana

Next Meeting Thursday 12th May - garden visit to Batcombe House near Shepton Mallet - entry at 6pm. Booked through the Gardening Club for members only.

Don't Forget!!!!

Plant Sale at the Millennium Hall Saturday 14th May 10am to 12 noon. Please come along and support us. If you have plants to donate they can be brought to the hall on the Friday evening. We look forward to seeing you there.

For further information please contact Jo Culham - tel. 01460 241555

Bank Holiday Waste Collections

Collection of recycled waste normally scheduled for Monday 2 May will be uplifted one day later on Tuesday 3 May.

Garden waste (green bin) collections normally on Thursdays will also be uplifted one day later on Friday 6 May.

Parish Council News

Karen Buckley (clerk@seavingtonparishcouncil.org.uk)

Parish Elections

Seavington Parish Council does not need to hold an election. Instead they are seeking to co-opt 3 Parish Councillors to join the friendly team. If you feel you have the skills and ideas to support the village please email the Clerk at clerk@seavingtonparishcouncil.org.uk.

Planning

Planning Application 22/0061/REM, relates to the a development of 8 houses at the top of Upton Lane. Concerns have been raised regarding access to the site. This is the last hurdle before full approval. Outline planning permission has already been granted so a full planning application does not have to be submitted. An extension to the planning deadline has been requested by the Parish Council but this is not guaranteed. If you therefore wish to make a comment please email planning@southsomerset.gov.uk marking it for the attention of Louisa Brown.

Queen's Platinum Jubilee

A lot of work is taking place to bring the village a fantastic few days of Jubilee Celebrations. Please keep an eye on the Seavington News for more information.

Thank you

Thank you to the outgoing Parish Councillors for their hard work and dedication. Good Luck in their future endeavours.

The next scheduled meeting is Tuesday 17th May 2022. 6.30pm start.

Children's Poster Competition in Aid of Ukraine

Inspired by Isabel and Jack's litter clearing (see page 12 April News), I am organising a "Keep the Seavingtons Tidy" competition.

Design a litter themed poster and for every entry I will donate £2.00 to the Disasters Emergency Committee (DEC) Ukraine Humanitarian Appeal.

Age Categories: 4-6 yrs 7-9 yrs 10-12 yrs

Posters should be created on A4 paper or card, with first name and age on the front and a parent's contact name and number on the back. Deliver entries to the village shop by Tuesday 31 May.

There will be a small prize awarded to the winner in each age group.

For further information please contact Jane Whithead: 07884 958193



Over the Counter

Vicky Rahilly (vickyrahilly30@gmail.com)

Successful stocktake:

A small team of volunteers completed a stocktake at the beginning of April. This was the first check of stock since the installation of the new EPOS system and allows us to start the new trading year 'ship shape'.

Now the weather is improving (fingers crossed) just a reminder of the lovely outdoor seating area in the cafe as well as the option for take away drinks and sandwiches - perfect for taking across to the play area. There is also a fantastic selection of cold drinks, ice creams and ice lollies in the shop.

Jubilee plans

If you want to start planning your Jubilee preparations, then look no further than ourshelves! We will be selling all you need for the street party and do hope you will join in on the 5th of June. Banners, paper plates, funny hats and accessories.

Members of the shop team will also be running a Quiz with a licensed bar on 2nd June for the Jubilee celebrations- look out for further details.

Arts and Crafts update

Throughout May we will be hosting local jewellery designer Barbara Harvey. Barbara is based in Whitelackington and creates beautiful pieces of jewellery using natural materials and semi-precious stones. She can also sometimes be found teaching jewellery making classes on board cruise ships!

Bank Holiday and Jubilee opening:

Early May Bank holiday - Monday 2nd May – Shop / Café closed

Jubilee Long Weekend

Thursday 2nd and Friday 3rd June

Shop: 9.00am- 1.30pm Café: 9.00am -1.00pm

Saturday 4th June

Shop 9.00am – 1.00pm Café: 9.00am – 12.30pm

EV Charging Point - SPFA Response

Andrew Doble - spfa@theseavingtons.org

The Trustees of the SPFA would like to reconfirm their position with regard to the Electric Vehicle Charging point application it received, as there have been numerous comments made in the News magazine that are not accurate.

The Trustees considered an e-mail that detailed a proposal for an EV charging point to be sited on the outside of the hall. It was an e-mailed document that was sent on behalf of a group of residents that had done an amount of work researching aspects of the project.

It was understood that the project was first mentioned at a CLT Board meeting after which one member then decided to pursue the idea independently. The proposal had nothing to do with the CLT directly. The Board would be approached if financial assistance was required in the future by way of a grant - like any other organisation in the village is able to. The grant would be considered in the usual fashion and awarded or declined (nothing had been discussed or agreed prior).

The Trustees felt that 1. EV vehicles may or may not necessarily be the answer to the future. Siting a charger at the hall would only benefit a small number of people in the village - those without driveways who happen to own an electric car. They didn't understand how 1 charger was going to 'fix' this problem. 2. With no organisation backing the group of residents it was felt that the SPFA was going to have to bear the financial burden of such a charger. The running cost of electricity, insurance, installation etc. It understood that the CLT may consider picking up some of the installation cost but it is unable to pay for ongoing costs such as electricity or insurance. The electricity would be paid for by the 'customer' but the SPFA would have to have the cashflow to pay for the electricity to start with.

The Trustees are holding the SPFA AGM on Monday 9th May at 6.30 in the Café. EV charging will be a topic of discussion, so please come along to put your views forward.

Electric Vehicle Market Statistics

The Editor

With increasing consumer demand, greater availability of electric models and government support, sales of electric cars have been growing strongly and there are now over 460,000 battery-electric cars on UK roads, plus a further 380,000 plug-in hybrids. By the end of 2021 18.6% of all new cars sold in the UK had a plug.

Source: ZAP Map



THE SEAVINGTONS PLATINUM JUBILEE FETE

Louise Layzell (jubilee@theseavingtons.org)

Hello everyone!

You will be pleased to hear that everything is coming together well for the Platinum Jubilee Fete on 4 June, plus we now have an e-mail address () for you to communicate with us in addition to the post box in the shop and the hall letter box. We are really grateful to those who are giving their time in order that everyone may have an enjoyable afternoon.

There will be loads of free activities, including a childrens crown competition, childrens craft tent, traditional fete games and hobby horse races. We have some hobby horses that may be loaned, but if you prefer to bring your own please do. Why not make one? Sheila Reyland and Pauline Parsons will be running a bric-a-brac stall and co-ordinating the tombola, if you have any bric-a-brac please let us know. There will be door-to-door collections of non-perishable items for the tombola week commencing 23 May. They will also be wanting you to come along and vote for your favourite scarecrow as they are running the scarecrow competition over the 4-days.

We have tried to include something for everyone, including your best friend – your dog! The Fun Dog Show will include the following classes: best biscuit catcher; best child handler; waggiest tail; best trick; dog most like its handler; and best royal bandanna. There will be a charge of 50p per class and we have a judge coming all the way from the other side of Ilminster! For health and safety reasons dogs must always be kept on a lead whilst attending.

There appear to be numerous classic vehicle owners in the village. Please polish them up and bring them along. In fact, if you would let us know if it is your intention to do so that would be great.

Another note to pop in one of the post boxes or to e-mail us is information of those who live in the village, over the age of 80, who would like an invitation to come along for a cuppa and piece of cake.

We have already been supported by local businesses, who will be acknowledged in the programme and in the next edition of the Seavington News. If you run a business in the village, would like to support us with sponsorship and we have not caught up with you yet, please get in touch.

Finally, it is not too late to become involved in any way: having a stand; helping set up/dismantle; or on the day. Just drop us a line. We look forward to seeing you.



THE SEAVINGTONS PLATINUM JUBILEE CELEBRATIONS

Thursday 2 June 2022

Quiz in the Hall, doors open at 7.00pm

Friday 3 June 2022

Village Walk, starting from the Shop/Café at 9.00 am,
the Café will be open for drinks and bacon butties.

Saturday 4 June 2022

Village Fete at the Playing Field, from 2.00 – 5.00 pm

Sunday 5 June 2022

Café Church, in the café, 11.15am – 12.15pm
Village Street Party, in the Shop/Café Car Park 1.00 pm

Throughout the 4-days

Flower Festival in St Michaels Church, 10.00 am – 4.00 pm
Walking Treasure Hunt, info at the Shop from the end of May
Scarecrow Competition, judging from Saturday 28th May

SOUTH SOMERSET RSPB GROUP

'Wildlife Around The South West of England'

An illustrated presentation by award winning wildlife photographer Robin Morrison, who will show us the wildlife of our region's rivers, lakes, harbours and seas. Also some video footage featuring otters.

Friday 20th May - 7.30pm The Millennium Hall, Seavington St Mary
Entry: Group members £4, non-group members £5, under 18's £1
(tea/coffee & biscuits included) – wheelchair access

NON-MEMBERS VERY WELCOME

For further details contact: Denise Chamings on 01460 240740

www.rspb.org.uk/groups/southsomerset
www.facebook.com/groups/RSPBSouthSomersetGroup

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Unwanted callers

Angela Gifford (01603 761655)

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It is a fact that older and vulnerable people are targeted by fraudulent traders, workmen and fake 'professional' people such as conmen advising they are from the Water Board, Gas Board, NHS Covid Dept., etc.

As many people have told us, this sticker on a door does mean they walk back down the path.

To date we have given out nearly 80,000 door stickers nationwide and if you know of an older person who would benefit from having one, please email us at info@ablecommunitycare.com telling us how many you would like and the address to send them to.

Angela Gifford, Managing Director Able Community Care Ltd.
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For further information please contact Jo Culham - tel. 01460 241555

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Delicious home cooked meals and freshly baked cakes.

Cafe opening times Monday – Friday 8.30am – 2.30pm,

Saturday 8.30am – 2.00pm (last orders 1.30pm)

ART AND CRAFTS

Local designer Barbara Harvey will have her handmade natural jewellery in the shop throughout May. Beautiful pieces created using semi-precious stones which make lovely gifts.

JUBILEE READY!?

Fantastic street party accessories (hats, banners, paper plates etc) available to purchase to get ready for our Jubilee celebrations.

Shop opening times Monday to Friday 8.30am – 4.00pm, Saturday 9.00am – 2.30pm



Upcoming bank holiday opening hours

Monday 2nd May – closed

Thurs 2 & Fri 3 June: Shop 9.00am – 1.30pm Cafe 9.00am – 1.00pm

Sat 4 June (Fete Day): Shop 9.00am – 1.00pm Cafe 9.00am – 12.30pm

We are agents for Evri parcel service

SEE OUR WEBSITE www.theseavingtons.org/community/village-store-and-cafe
Water Street, Seavington St Mary TA19 0QH **Tel: 01460 249730**



Seavington Villages Oil Scheme

By ordering in bulk the Seavington Villages Oil Scheme provides participants with heating oil at very competitive prices. Orders are placed with our supplier on a regular basis and participants' orders are collected together by the organiser, Nigel Key.

Apologies to anyone who missed out on the oil run at the end of March. This was planned for ordering on 1 April but, due to frequently changing prices, our supplier advised delivery by the end of March. We only had a few days notice so not everybody would have been aware of the change. For the future, it is best if you provide me with an e-mail address which will be used if there are last minute changes.

As we move towards Summer the orders will be at three monthly intervals with orders placed on **Friday 1 July** and **Friday 7 October**.

To take advantage of the scheme and to place an order contact Nigel Key T:01460 241540 E: oil@theseavingtons.org

St Margaret's Support Groups Taunton and Yeovil

St Margaret's Support Groups are open to anyone affected by a life-limiting illness – patients, their families and friends. As well as providing an opportunity to meet others in similar situations, our trained volunteers can offer visitors:

a listening ear ◊ provide free information ◊ help signpost to other services
The groups are run on a drop-in basis – there is no need to book or to be referred
Or perhaps you would like to become a volunteer to help run these groups?

St Margaret's Hospice, Taunton TA1 5HA Thursdays 2pm-4pm
Octagon Theatre, Yeovil BA20 1UX 10.30am – 12.30

For further information please contact Lesley Burgess
E-mail: lesley.burgess@st-margarets-hospice.org.uk; Tel: 0845 070 8910

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Richard A Hunt: Garden and Equestrian

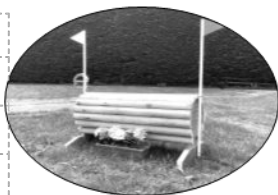
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A Reminder: County Council Complaints 'phone Number

The Somerset County Council has a single telephone number through which you may report problems such as potholes, drainage issues etc:

0300 123 2224

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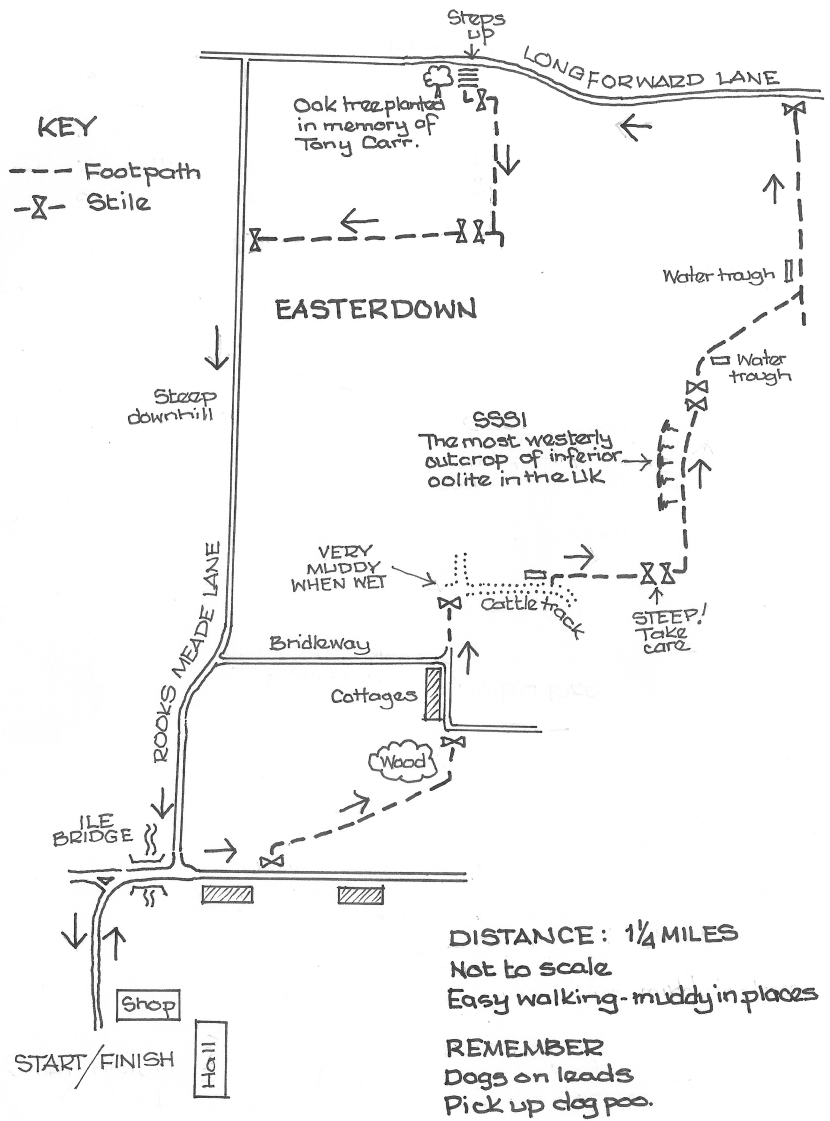
Details of future productions, auditions & membership can be found at www.thewarehousetheatre.org.uk or call 07943 779880. Tickets can be purchased through the website.

Coming soon:

Thursday 5 May - 7.30 pm
"Music of the Movies" by HMS Heron - Royal Navy Volunteer Band
Tickets: £12 (Children / Students £6)

Saturday 14 May - 7.30 pm
Comedy Night - MC Dani Johns and guests
Tickets £12 (NOT suitable for children)

Walk No 2: Up Easterdown



Inferior Oolite?

The Editor

If you follow the route of 'Walk No 2: Up Easterdown' you will pass the SSSI (Site of Special Scientific Interest). The exposed 3-4 metre high rock face is the most westerly outcrop of inferior oolite in the UK. But what is inferior oolite?

Inferior Oolite is a sequence of Jurassic age sedimentary rocks common across Europe. It was deposited during the period 174 to 163 million years ago. The general characteristics of Inferior Oolite indicate that it was formed in a shallow sea, where deposition was interrupted and/or modified at frequent intervals by earth movements, which caused slight warping of the sea floor, or by changes in sea level. During this time, marine life (including ammonites and bivalves) flourished. If you look closely at the exposed rock face you will see fossilised remains of these marine creatures. Fossils of land-dwelling animals, such as dinosaurs, from this period are relatively rare.

Ilminster Literary Festival 2022

Sue Collard

A reminder that Ilminster Literary Festival (ILF) 2022 is taking place between May 21 and 28. Now in its sixth year the festival has become a highlight of Ilminster's calendar, covering not just literature but also the wider arts.

This May there are 23 talks and events. Dip into talks as diverse as "What Really Happened In Afghanistan" by foreign affairs journalist and author Patrick Cockburn and one by comic writer and cartoonist Harry Venning who'll show you how to "Unlock Your Inner Cartoonist". Listen to TV personality and auctioneer Philip Serrell talk about his life "under the hammer". Or find out about "Gardening The Low Carbon Way" from Sally Nex and about crime fiction from Cara Hunter, whose DI Adam Fawley novels have sold over a million copies worldwide. And that's just 5 of the 23 sessions.

Others include a double bill at The Warehouse Theatre featuring comic poet, humourist and singer Rob Barrett and jazz from the 20's and 30's by the ever popular Sunset Cafe Stompers. Plus, there's a concert in the Minster by South Somerset Choral Society and an Antiques Call My Bluff event at The Shrubbery Hotel organised jointly with Ilminster Rotary Club.

For full details visit the ILF website - ilminsterliteraryfestival.org - or look out for the free Festival Programme Brochure, widely available NOW to pick up in shops, libraries, cafes and other public venues.

Tickets are on sale from April 26 via the website or from Ilminster Arts Centre 10.00 – 12.30, May 7th to 21st. **See you there!**

Notes from Venezuela

Cecilia Córdova

This is my first Spring missing the daffodils, magnolias, tulips, cherry blossom and yes, believe it or not, the English weather.

To give you an idea of the season here in Caracas. It has been as warm as a hot Wimbledon week in July. Since returning to Venezuela I still haven't adapted to the heat.

Imagine a thick cherry blossom but yellow in colour. This is the best way I can describe the Venezuelan National Tree, called Araguaney. It used to flower once a year during the dry season (Feb-April) but they have been in bloom on and off since December. They are pretty, beautiful and amazing against the background of a clear blue sky.

Even though the mango is the national fruit of India, the Portuguese brought it from India to the Americas in the XVII century and it has been part of our identity ever since. So much so that, for all my life, I took the significance of the mango for granted. That is until I paid for one of them for the first time at Tesco in Ilminster. It just did not taste the same.

It is now mango season here. I remember throughout my childhood climbing mango trees. They can reach a height of 100 feet. There is a large number of species and you can find them everywhere: on every single block and public space across the country. Apart from farms the trees don't belong to anyone and the fruit is free. When the fruits are low you can literally pick them individually by hand, shake a big bunch or use a very long stick to make them fall. Incidentally, there is a popular saying when something is as easy as "easy peasy" it is a "mango bajito" meaning a very low mango easy to pick by hand.

Actually mango means more than identity to this country. It has been a relief to mitigate the famine over recent years, during which around three quarters of the population live in extreme poverty. Mangos have been the only daily calorie intake for most of the families that don't earn enough money to buy the food they need.

Hundreds of mangoes used to be thrown away as rubbish not so many years ago but nowadays they have become "the real humanitarian aid", even the "sick" fruits are claimed. Apart from vitamins and minerals, the mango has a high content of fibre that makes you feel satiated and in this part of the world the poorest people have been eating mangoes non-stop from one to as many as eight a day.

Imagine all the possible ways of serving mangos. One of the most popular is sliced mango with Worcestershire sauce, salt and vinegar.

The Mango in Venezuela is the *Unsung Hero*.

Springtime at Manor Farm

The Editor

With spring grass growth the dairy herd has been back outside for several weeks now. Over the winter months when there is little growth and even less nourishment in the grass the herd was kept inside and fed with a carefully managed diet of grass silage and whole crop, which is cereal silage. 100% of this feed is grown on land farmed by the Madge family, with additional concentrates brought in.

The dairy herd comprises a mix of cross breeds, 40% are Black and Whites (Holstein - Friesian cross) 40% are Brown Swiss and the remaining 20% are Flekvieh - Simmental cross. The Flekvieh can be recognised by their brown and white colouring. All three groups have been selected for their ease of calving, good fertility and a long productive life. Typically each cow will have 6-7 calves in its working life in the herd.

In common with most commercial milk producers Manor Farm uses artificial insemination (AI) on the cows. Cows have an average 21 day oestrus cycle and spotting when an animal is coming on heat requires careful observation. One of the clearest indications occurs when cows try mounting another on heat (bulling). An AI specialist contractor is employed at Manor Farm and he clocks in every day during morning milking and all animals are marked with coloured chalk, blue is pregnant and orange not pregnant. The chalk will be rubbed off if mounted, confirming the cow is on heat. Semen is selected not only to impart desirable characteristics in the calf but also to determine its sex. Nowadays selection techniques are highly refined and female calves can be conceived with around 95% reliability. Calves are born 285 days, or thereabouts after conception. The aim is to retain 25% of calves to replenish the herd. The remainder, primarily beef calves, are sold under 42 days of age to avoid TB testing pre-movement.

The animals you see in the pasture at the back of the Millennium Hall are either dry in-calf cows or heifers, first time mums. Generally, as full term approaches the cow will be kept at the farm for calving. However, timing is far from a precise science and calves can arrive early. In the time we have lived in the village we have seen several calves born in the field. If the calf is in the right position, head and front legs first, mum will deliver the calf without any help and it is amazing to see just how quickly the new born calf gets to its feet and seeks its mother for a first feed and all important colostrum.

Considerable emphasis is placed on the health of the herd. The cows have a dedicated vet who calls on a routine basis and records all health aspects seen on the farm. Animal health is based on preventative management and not on the routine use of medicines such as antibiotics. If you could ask any of the cows, they would maintain that that work life balance is correct. The animals at Manor farm live longer than most other cows supplying a major multiple.

My thanks again to both Simon and Fiona Madge for their patience in briefing me with the background to this article.

South Petherton Tennis Club - News

Natalie (secretary1.sptc@gmail.com)

With support from South Petherton Parish Council it has been possible to lay a new path on the 'Rec' and to install lighting in the car park. The Tennis Club is grateful that the new clubhouse floor is no longer being scratched by those gritty little stones and members feel much safer on dark nights returning to their cars now the car park has the solar powered lighting.

31st March was the end of the membership year and members have a month to renew their membership at the discounted rate. Over 160 adults, juniors, students, seniors and playing parents make this a busy time administratively. Thank goodness for modern technology and especially for online banking, which has speeded up the whole process. Whether renewing or joining as a new member, the LTA Clubspark system we use for the online booking and round robin emails plus the club's own records are updated for each member.

As an LTA Registered Venue, SPTC complies with the LTA's administrative requirements and policies, particularly with regards to safeguarding. Special thanks and admiration go to our Safeguarding Officer, Paula Shepherd, who volunteers a lot of her time attending webinars and reviewing the club's policies to ensure SPTC remains fully compliant with the LTA's stringent safeguarding policies.

COACHING: Both of our coaches will be starting new sessions for - adults of all levels, juniors, tots from the age of three, Rusty Racquets for those returning to tennis, wheelchair coaching, etc. Details of both coaches, Natalie Carpenter and Rachel Apsey, are on our website plus any updates can be found on our Facebook page.

NON-MEMBERS' PAY & PLAY : Booking a court can be done online from anywhere in the UK up to one week in advance via the LTA's secure Clubspark system. The charge remains at £6 per hour per court and is paid online when booking. Courts 1 & 2 are available to non-members and access is via a separate gate. Please note the clubhouse and floodlights are not available to non-members. Full details can be found on SPTC's website.

FORTHCOMING 'HOME' EVENTS THIS MONTH ...

- 7 May : Stepping Stones 1-2pm for Members & Non-members (no charge)
No Stepping Stones in June due to the Jubilee celebrations
- 21 May : Club Competition for Members at 1.50pm

CONTACT & INFORMATION

General : committee.sptc@gmail.com
Membership: membership.sptc@gmail.com
Website: southpethertontennisclub.co.uk

Bug of the Month: Shingles

Anne Crowther

Shingles (herpes zoster) is derived from the Latin, 'cingulum' meaning belt or girdle. In Italy it is known as St Anthony's Fire. It appears as a painful and blistered rash, which is caused by the reactivation of the varicella zoster virus that is also the cause of Chickenpox.

You may remember from last month that the chickenpox virus hides out deep in the nervous system to re-emerge in later life in around 1 in 4 people. This tends to happen when a person's immune system becomes lowered, either through aging or due to an underlying problem. The rash appears on one side of the body or face only. If a rash is over both sides, it is unlikely to be Shingles. Although the initial rash heals within 4 weeks some people are left with residual pain that can last for years. The fatality rate for shingles is about 1 in 1,000 in the over 70's who develop it.

Shingles cannot be 'caught' from someone who has Shingles or Chickenpox. However, it is possible to catch Chickenpox from someone with Shingles if the person hasn't had Chickenpox before. The virus is only contagious whilst the blisters are weeping.

Shingles has been around since the Middle Ages, often being confused with Smallpox as that was prevalent at the time. Scientists discovered how to differentiate between the viruses in the 1700's. The origin of Shingles was first discussed in 1831 with scientists stating the belief that the disease was carried by the dorsal root ganglion or the spinal ganglion in the nervous system.

Early engagement with the health service can enable antiviral medication to be given which can help shorten the duration of the infection. In the UK for those aged between 70 and 79 there is now a 'one off' routine 'live' vaccine available (booster not required!). It is offered to this age group as this is when most infections occur. The vaccine appears to be less effective to those over the age of 80. There is also an inert (2 doses) vaccine that may be offered to those who are at increased risk due to changes to their immune system or undergoing treatments for some cancers.

Currently research is taking place to ascertain whether an episode of shingles is an early indication of some cancers with prostate and blood cancers being the subject of recent studies. The conclusion is that there is much more to learn! There is a proven correlation of shingles after a cancer diagnosis. This is believed to be due to the impact on a person's immune system caused either by the disease or the treatment.

In terms of trivia I couldn't find much, some truly awful jokes and a few people in the public eye who have had it; Eamonn Holmes and President Nixon

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We are very proud to report that our latest SIAMs inspection report has been published.

The SIAMs (Statutory Inspection of Anglican and Methodist Schools) report on Shepton Beauchamp Church School described 'inspirational' leadership which is 'driving accelerated and positive progress across the school'. Inspector Alison Appleyard delivered an overall grade of 'Good' and noted how the school's 'aspirational Christian vision underpins all leadership decisions and actions'.

The school, under the leadership of our Headteacher Connel Boyle, was also commended for the way all children are able to flourish, with pupil confidence 'growing' and children reporting how proud they feel of being part of their school.

Pupil happiness was noted and the inspector said children know that they are in a school where their wellbeing is a top priority.

Ms Appleyard, the Inspector, added: "Pupils feel empowered to ask questions of staff and each other and the children tell me that they know, 'We are surrounded by people who want to help us'

The glowing report also highlighted that "Families feel included in school life, well-informed through newsletters and our Facebook page, and enjoy being part of our school family."

We are all absolutely thrilled by this report which is a testament to the hard work of our staff; the support of our parents, community, church, Diocese and Trust family; and, of course, our brilliant children who make Shepton Beauchamp the school it is.

We are beginning to receive a number of additional enquiries for places at our school. To assist prospective families, thinking of sending their children to Shepton. we have produced a new School Prospectus. Our link to our website and our prospectus is below.

Go to <https://sheptonbeauchamp.co.uk/our-prospectus/>

If you would like a school visit for your child, please do contact the school T:01460 240793 or E: office@threesaints.bwmat.org
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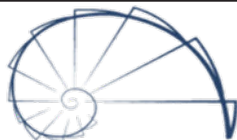
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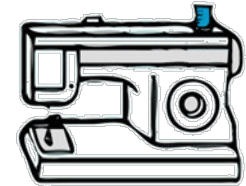
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